

# DAY SURGE

Newsletter of the Day Surgery Nurses Association - NSW Inc.

**FEBRUARY 2005**

**YOUR 2005 COMMITTEE**

**IN YOUR ENVELOPE**

- Newsletter
- February Flyer
- September Conference call for abstracts.

◆◆◆ **PRESIDENTS MESSAGE** ◆◆◆

Dear Colleagues,

Welcome back!

I hope everyone had a happy and safe holiday? Trouble is, it just goes too fast!

It will be a busy year for the NSW committee as we have our major conference event to organise. We have been well underway with it since last year but it will be a major focus of our attention. The date for the conference is Saturday the 10<sup>th</sup> of September 2005, and it will be held at the Wentworth Sofitel in Sydney, so mark this date in your diary.

We plan this year to continue to hold our city and rural education and will endeavour to position the venues so that they are accessible to members.

I'd just like to remind everyone that membership to the NSW DSNA is not exclusive to nurses. Anyone who has an interest in day surgery and wants to join, are most welcome.

I will continue to keep you up to date via the state newsletter throughout the year and will continue our topic question discussions as we had tremendous feedback last year. So keep an eye out for it in your mailbox! Speaking of mail boxes. **The DSNA postal address has changed** check out the new one below  
Till next newsletter keep safe!

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President

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**EDUCATION 2005**

**14<sup>th</sup> February.**

*Venue: Level 2 Conference Room  
Sydney Adventist Hospital  
185 Fox Valley Rd  
Wahroonga*

*Topic: 'Slings and Things'*

*Contact: Alison Anderson - 02 9487 9100*

**24<sup>th</sup> - 27<sup>th</sup> April 2005**

*6<sup>th</sup> International Congress on Ambulatory  
Surgery in Seville Spain*

**10<sup>th</sup> September 2005**

*DSNA NSW CONFERENCE.*

*Sofitel Wentworth Sydney.*

*More information in future newsletters*

### **OTA EDUCATION**

**9<sup>th</sup> February**

*Topic: Infection Control*

*Venue: College of Nursing*

**9<sup>th</sup> March**

*Topic: The 23hr Ward*

*Venue: St VincentsPublic Hospital*

**14<sup>th</sup> – 16<sup>th</sup> April**

*OTA STATE CONFERENCE*

*Canberra Convention Centre*

### **ADSNA WEB SITE INFORMATION**

#### **MEMBERSHIP**

We need active members to participate and keep our voice heard in the ever changing health industry. Members of the DSNA (NSW) automatically become members of the Australian Day Surgery Nurses Association and also receive their excellent journal, as well as other benefits.

For a membership application form, go to the ADSNA website at [www.adsna.info](http://www.adsna.info) click on Member States, then new Postal Address.

### **BEST PRACTICE GUIDELINES – (Have you got a copy?)**

The Day Surgery Nurses Association (NSW) promotes Best Practice and recommends the "Best Practice Guidelines for Ambulatory Surgery and Procedures", produced by the Australian Day Surgery Nurses Association.

For further information, go to [www.adsna.info](http://www.adsna.info) and click on Guidelines.

The Best Practice Guidelines available are:

- Discharge Planning
- Writing Day Surgery Specific Competencies
- Preadmission procedures for Day Surgery Units
- The Care of Patients Whilst in the Day Surgery Unit
- Staffing in the Day Surgery Unit

### **??? QUESTION ???**

How does your Day Surgery implement the 'No Lift Policy'? What equipment do you use? What guidelines do you have in place?

Please email or fax your replies to the editor.

### **NEWSLETTER CONTRIBUTIONS**

If you have a topic to discuss, want to profile you Day Surgery, have an anecdote, a question you would like answered or know of an interesting article, why not share it and network with your colleagues.

Please contact the Editor with details by email or fax.

### **ARTICLE OF INTEREST**

Thomson P, Fletcher I, Downey C. **Nurses versus Clinicians – who's best at pre-operative assessment?** *Ambul Surg* 2004;11:33-36

### **ANECDOTES**

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*\*When questioned about his health, a patient informed the staff that he had 'Immaculate Degeneration'.*

*\* Under the contact details section for Mobile on a Patient Information Form, one dear lady wrote, 'Yes, with a walking frame'.*



## **New!!! Day Surgery Spotlight!**

### **The San Day Surgery Hornsby**

The Hornsby Day Surgery, as it was then known, was built in 1986 by Dr David Wilson, a respected urologist, who had a vision for the future of Day Surgery in Australia. The design of the facility was identical to one Dr Wilson had visited in the U.S.

It was the first private, freestanding Day Surgery in New South Wales. The NSW Department of Health granted the Day Surgery an Extended Recovery Care (23 hr) License, the first in Australia. This means that patients who have undergone more advanced surgery can stay overnight for post-operative care. The Day Surgery was also granted a Paediatric Licence for children over 2 years of age.

Following Dr. Wilson's death, a member of his family managed the facility until December 2001, when it was purchased by the Sydney Adventist Hospital and subsequently changed its name to the San Day Surgery Hornsby. It was the first off-campus care facility to be purchased by the San. In 2003 the Day Surgery underwent major renovations, during which it continued to operate – a testament to the flexibility of the staff.

The facility has two fully equipped theatres with the latest technology, as well as a theatre for minor surgical procedures. There are 4 private rooms for admissions and overnight care, a 5-bed Recovery unit and a Discharge Lounge (2nd Stage Recovery) with 5 recliner chairs.

36% of surgery performed at the Day Surgery is Ophthalmic, followed by 31 % Plastic Surgery, 19% Dental and 11% Orthopaedic. The remainder is made up of General procedures. In 2004 the San Day Surgery Hornsby performed over 2770 cases.

The majority of the staff are part-time and comprises 22 RN's, 5 EN's, 1 CSSD Technician/Inventory Controller and 4 Administration staff. The Manager and NUM are full-time.

## **NEWSLETTER VIA EMAIL!**

If you would like your copy of the newsletter and flyers emailed to you let us know by sending an email to our address: [dsnansw@hotmail.com](mailto:dsnansw@hotmail.com)

## **Calendar Quote!**

Middle age is when you realise that you'll never live long enough to try all the recipes you spent 30 years clipping out of newspapers and magazines.

(Bill Vaughan)