



Important Letter to all Members

May 2006

ABN 14 909 560 342

Volume 1, Issue 1

Postal Address
P.O. Box 2057
Hornsby NSW
1635

Phone:
02 4226 6955

Fax:
02 4229 5016

E-mail:
dsna@hotmail.com

Website:
www.adsna.info

In your envelope:

1. Newsletter
2. Australian Day Surgery conference flyer.
3. Education evening flyer
4. Nomination Form
- 5 Membership renewal form

Inside this issue:

- Letter to members **1**
- Education Article **2**

Dear Colleagues,

This year is passing so quickly the committee thought that it this would be a good time to start thinking about our Annual General Meeting due to be held around August/ September.

Over the past year we have struggled along with only six full time committee members, as we had no volunteers willing to participate on the committee at the last AGM. This has made things very difficult to have a quorum at our regular bi-monthly meetings. Our committee needs to have 12 members to be able to equitably spread around the workload. We all have full time work positions and as the saying goes "many hands make light work" when it comes to committee membership.

We realize that to commit to being a committee member may seem daunting to those who have previously had no experience; but with sufficient committee members, there would be support as we always aim to help one another out and try minimize any encroachment on our private and working lives.

This years AGM will be held in August; we have 2 members who wish to resign, having served a considerable time in various positions, which will leave only 4 of the current committee members. It is with this in mind that we would like to make an appeal to you, our members to seriously consider nominating to join the committee.

- Meetings are bi-monthly at a venue which is central to all
- Meeting times are 7 – 8.30pm and currently held on a Monday evening
- There are various positions, which are allocated after the AGM with each member's approval.
- Each member is elected for a 12 month period

We ask that for those, particularly living or working in the Sydney Metropolitan area, that you take a few minutes to consider if you are able to put your name forward to join the committee at the next AGM. It is very satisfying and always looks good on a CV. It is also educational and offers the opportunity to promote your specialty and to make a difference. New and fresh ideas are what every committee needs on a regular basis to keep it vibrant and active. There is no doubt that out there we have many members who would have a lot to contribute to the Day Surgery Nurses Association, NSW.

SO COME ON, HELP TO KEEP THE DSNA ALIVE AND WELL!!!!

Any of our current committee members will be happy to talk to anyone who would like more information, otherwise we would like you to register your interest by either contacting me by phone fax or email.

Jacqueline Hurley President

Phone: 02 42 266 95

Fax: 02 42 295 016

Email: dsnansw@hotmail.com

Education Evening 13th February 2006

The SAN Day Surgery Unit is a busy pleasant unit situated near Hornsby Hospital.

Specialties include: Oral Surgery, Ophthalmology, Plastic and reconstructive Surgery, Orthopaedics and General Surgery, all of which caters to children over 2 years to adults. A 23 hour license allows patients to stay overnight when required.

Thankyou!

**To Sharon
from
Austramedics,
who
welcolmed
everyone with
refreshments
before the
presentation.**

There was an excellent attendance for the February education evening held at this venue.

Plastic/Reconstructive surgeon, Dr. Colm Williams, gave a presentation on breast liposuction for:

1. Asymmetry 2. Disproportion [large breasts] 3. Gynaecomastia in male patients and 4. Augmentation with implants, which he performs in the Day Surgery setting.

Breast liposuction is generally a short procedure, well suited to Day Surgery. The advantages are: Patients recover well, local anaesthetic blocks allow for return to home reasonably quickly to continue recovery.

Dr Williams also talked about the history of implants and the controversial silicone debate which included a handout of an article he wrote a few years ago regarding " The silicone witch hunt".

He passed around liposuction cannulae as well as an interesting collection of implants he has collected over the years. One could trace the evolution of the breast implant as we know it today. Breast augmentation with implants may sometimes stay overnight— 23 hours.

We were also privy to some amusing anecdotes from Dr Williams, related to his many years as a plastic surgeon. This was a most informative and at times amusing evening.

The presentation was followed by a DSNA meeting , chaired by the president, Jacqueline Hurley.

Finally, thank you to Karin Gillett, Bev Lun and Lillian Stibbs for the opportunity to see your unit and for generously providing the venue for the evening.

These meetings allow us to meet with our colleagues and network to discuss, compare, update and have fun with likeminded souls. I urge you all to attend some of the meetings listed below. You will be surprised how enjoyable they are and how much you might learn.



Report by: Christine Crooks, R.N. Quality Coordinator Theatres Camden / Campbelltown Hospitals.

Diary Dates for 2006

| | | |
|-------------------------|--|--|
| 19th June | Interplast Australia - Speaker, Dr Peter Haertsch | Day Procedure Unit Blacktown Hospital |
| 12th August | AGM and Education Day - Topic TBA | Westmead Hospital |
| 4th November | Education Day - Topic TBA | Newcastle Hospital |
| 10/11th November | 7th Australasian Day surgery Conference | Grand Hyatt Melbourne Victoria |