



DSNA Conference

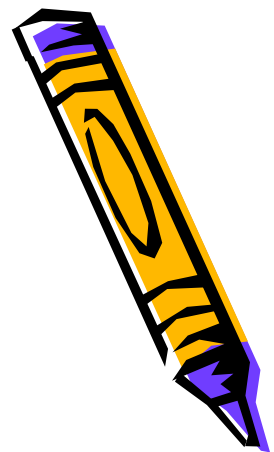
"Getting Everyone on the Bus: Essentials in Team Building"

Presented by
Dot Yam

Dot Yam & Associates



Dot Yam RN MCN MRCNA MCAPA



Dot has a background in education, management, counselling and coaching. She has a long term involvement with teaching and learning in allied health and corporate sectors. Dot specialises in optimising personal and organisational performance. She informs, challenges and motivates people in the areas of leadership, conflict management, communication, team building, customer relationship management and affecting cultural change.

Dot runs motivational seminars in Australia and overseas.

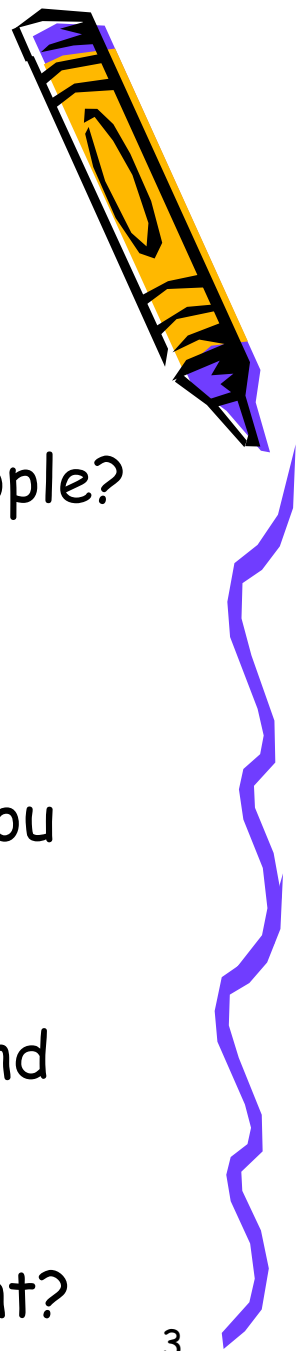
Those who attend Dot's seminars find them motivating, practical and relevant to today's workplace environment.

Today we will address:

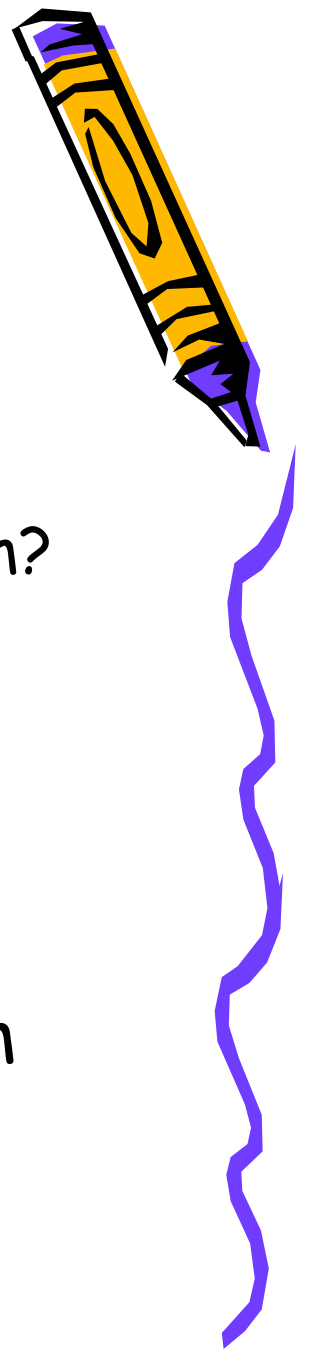
- Are you working in a team or in a group?
- How much do you know about the skills of the people?
- How do you deliberately make use of them?
- Do you waste time trying to change people until you are blue in the face?
- How do you let them know that they are valued and appreciated?



How do you monitor team success and achievement?



Are you working in a team or in a group?



- How many of you think that you work in a team?
- What are 3 essential elements that make up a team?

Focus on what is positive in your team



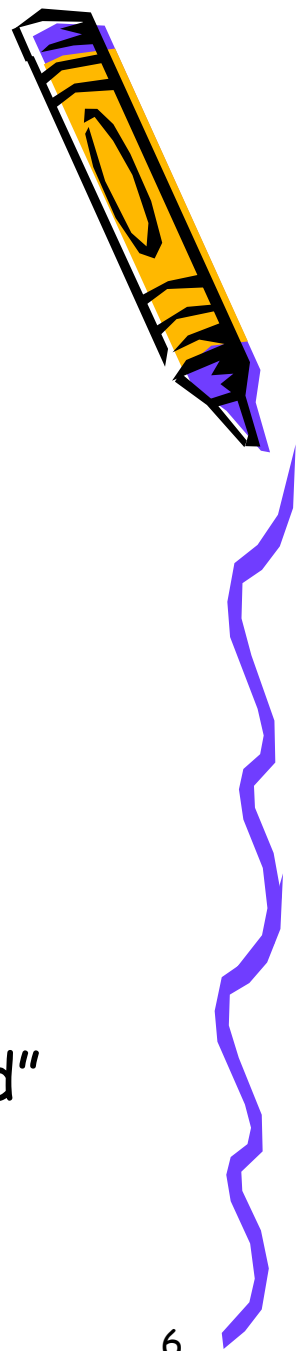
How many people in your team are on the bus?



- Supporters
- Resistors
- Undecided
- How do you deliberately make use of your supporters?



Do you waste time trying to change
others until you are
blue in the face?



Avoid resisting the Resistor

Where attention goes,
Energy flows and
Life grows

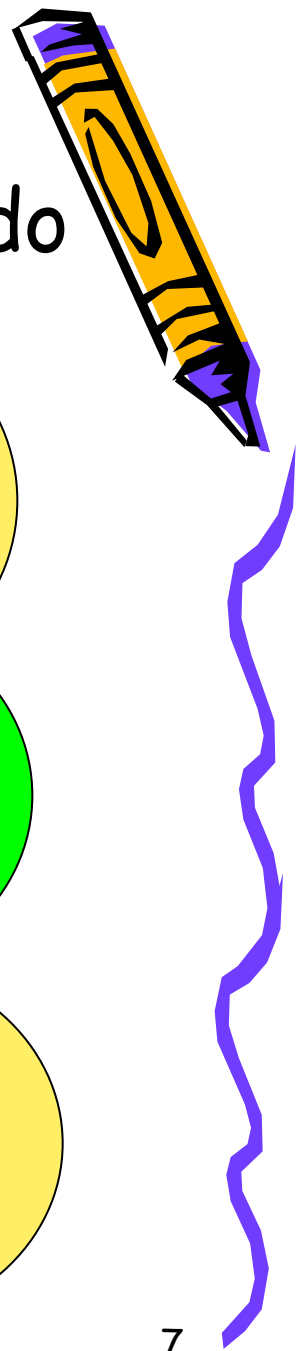
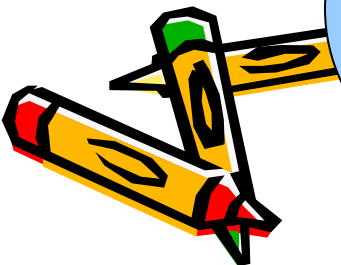
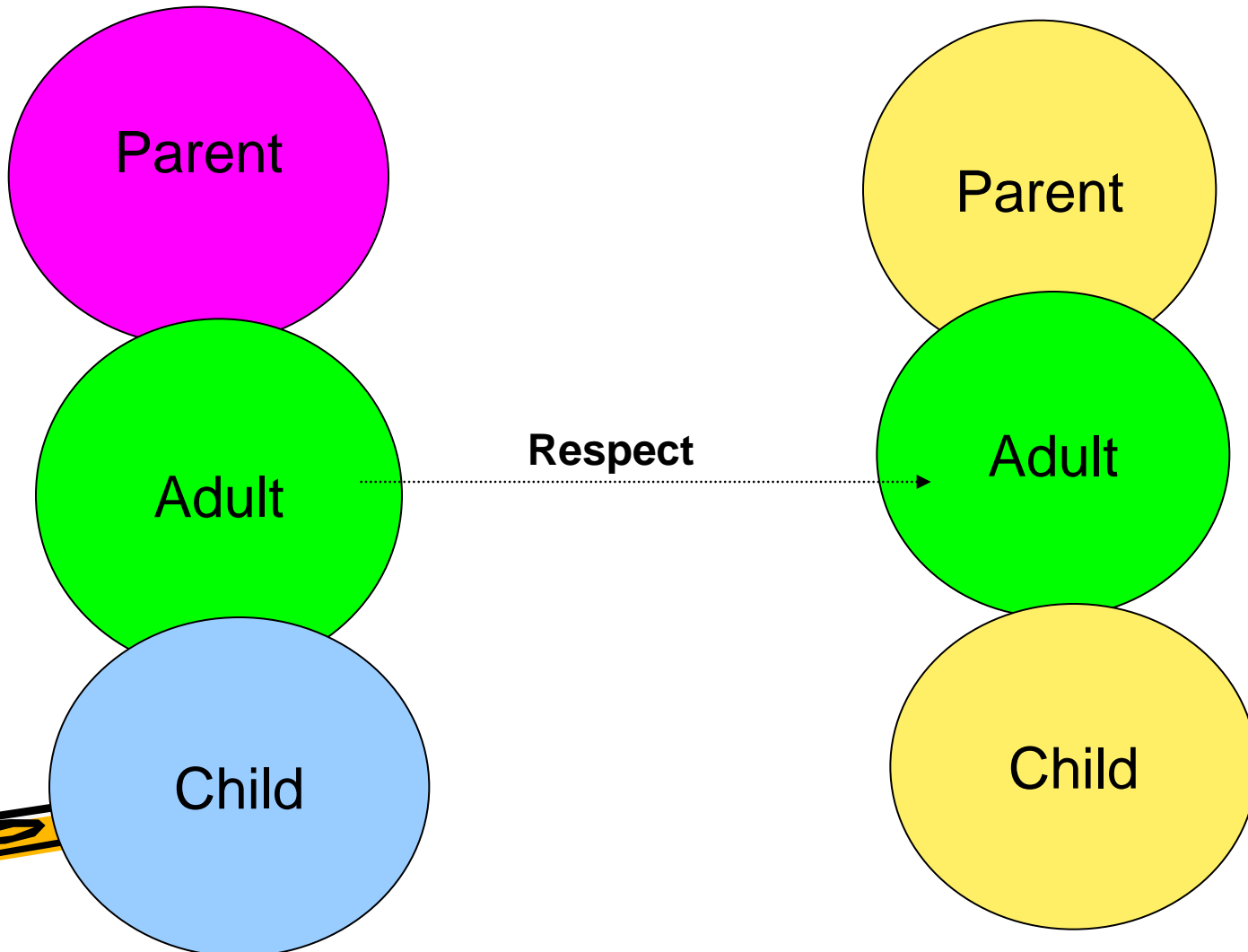
"BE the change you want to see in the world"

- Ghandi -

The Law of Attraction



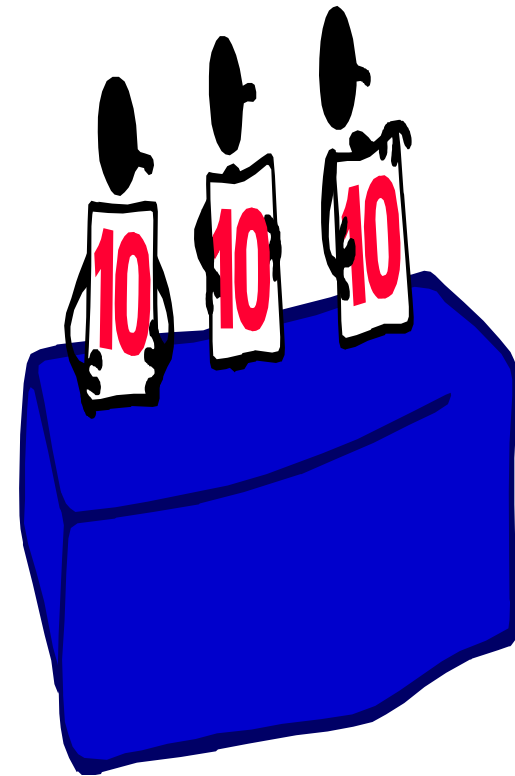
NO one likes to be told what to do



How do you let them know that they are valued and appreciated?

"Once I did bad and I heard ever, twice I did good and I heard never."

- Be lavish in your praise
- Catch them doing something good
- Set them up to succeed
- Yearly Thank You card



Power-full reflective questions to complete a work day

- What did we do well?
- What could we do better?





Good news team meetings

Showcasing individual achievements

Celebrating team achievements



Application to life



- Focus your energy on what is positive and working in your team
- Deliberately make use of their skills and set them up to succeed
- Stop wasting energy and attention to try and change the resistors
- Give at least 3 praises a day
- Track team success and celebrate



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